

It's National Physical Therapy Month! #ChoosePT

There is a national epidemic right now that I hope by now you have heard of. Our country currently has a huge problem with the over-use of prescription opioids (oxycodone, hydrocodone, morphine, etc.). Physical Therapy is an excellent alternative to these addictive drugs that often have severe side effects! Did you know that the Center for Disease Control (CDC) recommends safer alternatives such as Physical Therapy for the treatment of chronic pain? Before accepting a prescription for opioids, patients should talk to their health care providers about related risks and safer alternatives such as Physical Therapy.

#ChoosePT[®]
MoveForwardPT.com

Have you had success in reducing your pain through Physical Therapy? Help to spread the word by using the hashtag #ChoosePT on social media!

Team News

Welcome Dr. Neal!

We are extremely excited to welcome Dr. Chad Neal PT, DPT to our wonderful team of clinicians! Dr. Neal was raised here in Auburn and went to Bay City Western. He then attended Central Michigan University for both undergrad as well Physical Therapy school. Chad will be practicing at our Auburn clinic full time. Please join us in welcoming him to our team!

Tom Takes On New Roles

Tom Barba PT, the owner of Auburn PT recently decided to continue in his quest to fight for the Physical Therapy profession and our rights. He recently took on a new role as the new FAL (Federal Affairs Liason) for the State of Michigan. What this means is that he is in charge of all the Key Contacts for each of the Congressmen and Senators in the State. He will spend time in Washington DC and various private practice clinics in the state helping to lobby for private practice rights. Currently he is working on appealing the Medicare Therapy Cap and supporting the, #ChoosePT, campaign that promotes Physical Therapy as the primary "Go to" treatment for pain instead of prescription opioids.

Thank You Britnee!

Britnee Pettipas PTA has been with Auburn PT for 5 years now! Britnee currently works at our Auburn Clinic part time as she has chosen to spend more time at home with her son. She has been an integral part of our growth over the last 5 years, spending time at both our Bay City and Auburn Clinics. Thank you Britnee!

Building Updates!

Bay City Is On The Move!

Our new location for our Bay City clinic is progressing slowly but surely. We have recently obtained the proper permits and will be starting our renovations in the very near future! We're excited to update this building to make it our own!



Outside Auburn

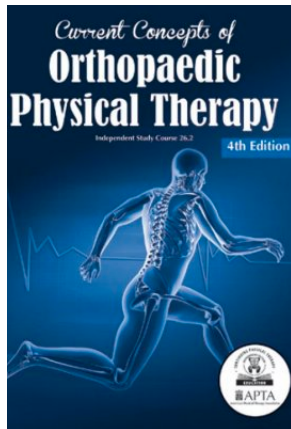
You may have noticed our new landscaping and Evolve Fitness sign on the West side of our Auburn clinic. We're excited about these new updates and think they really bring that side of the building a fresh new look! Also, be on the lookout for our Christmas lighting as the seasons change and Christmas approaches!

Know someone who's suffering? Let them know about our FREE 15 minute consultations!

Education Update

Prepare the Laser!

Lacey Ball, PTA will be heading to Chicago in the upcoming weeks to learn more about the use of non-thermal lasers to improve therapy results and reduce pain! This will be an excellent addition to our Essexville location and we can't wait to begin using it to reduce your pain!



Let the Studying Begin!

Dr. Emily Dittenber PT, DPT and Dr. Jordan Schmidt PT, DPT recently qualified to test for their Orthopedic Clinical Specialist (OCS) certification next year. This certification testing will require a lot of commitment, dedication, and sacrifice over the next several months. Please wish them luck in their studying and preparation for this difficult exam!

Evolve Fitness

Did you know that Evolve Fitness offers personal training sessions?

Receive 1 on 1 personal training sessions for as little as \$20/session with one of our certified personal trainers! For more information contact:

Tony Mitchell 989-553-8145 or
Madison Solomon 989-324-7632

Evolve Fitness Hours: **Monday-Thursday** 5:30am – 9:00 pm **Friday** 5:30 am – 8:00 pm
Saturday 7 am – 3:00 pm **Sunday** 9:00 am – 2:00 pm

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